

Evaluation Rubric
Grade 6 Health Education

Scores

- 1- You have not proved that you understand the lesson or the assignment.
- 2- Good work. You are on the right track, but your project needs improvement.
- 3- Great! You have shown you can apply the Food Guide in making healthy food choices.
- 4- Excellent! Your project shows that you have mastered this material and are ready to move on to the next step.

If your mark for this assignment is 12 or below, please see the teacher for further help with understanding and using Canada's Food Guide.

Required Information	You followed the instructions, and included everything necessary for this assignment.	
Complete and Accurate	You followed the Food Guide and made a daily menu for yourself that included servings from all of the food groups.	
Presentation of Findings	Your project was presented in a way that made the findings clear and showed how you followed Canada's Food Guide.	
Organization and Neatness	Your work was neatly done, well organized and visually pleasing.	
Understand and Apply	You have shown that you understand the Food Guide and that you can apply what you know and make healthy food choices.	